

ROUNDS

VOLUME 1 ISSUE 1

APRIL 1988

A NEWSLETTER FOR THE NEW WATERFORD CONSOLIDATED HOSPITAL.

PAST ADMINISTRATORS



Sr. Teresa Bellefontaine
September 1, 1973 - Present



Sr. Mary Aneas MacEachern
September 1, 1968 - August 31, 1973



Sr. Genevieve McArthur (Sr. Ann Romuald)
October 1, 1962 - August 31, 1968

N.W.C.H.: Celebrating 25 Years of Service

This year the New Waterford Consolidated Hospital prepares to celebrate its 25th Anniversary at the same time that the Town of New Waterford marks its 75th.

The history of the town and health care services are closely entwined. In 1913, the year of incorporation of the town, hospital facilities consisted of two converted company houses, which now would seem very primitive and makeshift. However, it served the community well until, following the 1914-1918 war, a mine disaster and a flu epidemic, it became evident that the "company house hospital" was being taxed beyond its capabilities. Even so, it was not until 1923 that the construction of a new facility began.

In 1924, the New Waterford General Hospital on Plummer Avenue was completed and ready for occupancy. It was a gala event for the town. But over the years, health care needs expanded. The hospital's 45 beds often had to be expanded to 80, causing a strain on service. In 1958 a number of citizens meetings were called to discuss the need for a new hospital. A governing board, the New Waterford Consolidated Hospital Commission, was established, and land on Maple Hill was donated by Mount Carmel Parish.

On August 20, 1960, the official turning of the sod took place. At last, on April 18 of 1963, the New Waterford Consolidated Hospital opened its doors. Seriously ill patients were transferred by ambulance from the old hospital and the less seriously ill travelled by car.

Over the years, the hospital has followed its commitment to quality health care for the community. To maintain the hospital and keep it functioning efficiently, many improvements have been made, both in terms of renovations and equipment as well as expanded programs to increase community health awareness. Now we have

reached a turning point. Extensive renovations and equipment purchases are being planned, and a major fund-raising campaign is underway.



Sr. Barbara Muldoon (L) and Sr. Anne Marie Cummings (R), coordinators of the 25th Anniversary celebrations at N.W.C.H., have been hard at work along with their steering committee to make the celebrations a resounding success.

The hospital has faced many challenges and overcome many obstacles during its 25 years of existence and has constantly maintained a high standard in health care. The next 25 years will bring new challenges, and the New Waterford Consolidated Hospital will meet them head-on, continuing to provide quality care to the community it so proudly serves. ■

25th ANNIVERSARY



1988

Birthing Suite Gets Trial Run Before Official Opening

The new birthing suite at N.W.C.H. will officially be opened May 2nd at 2 p.m. But it seems no one bothered to tell that to Catherine and Louis Graham's baby son, who anticipated the date by more than a month, arriving on March 23rd.

The birthing suite was constructed in keeping with the philosophy of family-centered care adopted by the hospital in 1984. Family-centered care encourages the participation of partners in childbirth during the labor and delivery. The suite is furnished in a home-like fashion, yet maintains critical health care equipment needed to meet any emergency. More flexible visiting hours, rooming-in and care of the newborn in the hospital by both parents further contribute to the home-like atmosphere.

Obstetrical staff members are grateful to Baby Graham for his contribution to the very successful trial run of the new birthing suite. He will be fondly remembered for many years to come. ■



L to R: Catherine Graham with newborn son; Irene MacMillan RN, Director of Nursing; Evelyn Russell RN, Head Nurse, Obstetrics; Harriet Cashen RN, Maternity Nurse; Louis Graham.

A Salute to the Ladies Auxiliary

Twenty-five very special ladies work tirelessly behind the scenes to benefit our hospital. They are the members of the Ladies Auxiliary, seven of whom came from the General Hospital in April of 1963. These original members are Agnes Burke, Fernot Angione, Cesarene Duprey, Millie Burke, Mamie Miles, Catherine Young and Theresa White.

These ladies work diligently behind the scenes, raising money to help meet hospital needs. Their projects include home baking, penny auctions, candy and ticket sales and tag days. At their meeting in February of 1988 they presented Sister Teresa with a cheque for \$3,000.00.

Although fund raising is a major goal of the committee, there is still time for pleasure. After each monthly meeting they have a lunch in the cafeteria followed by a card game.

Recently twenty members of the Auxiliary, along with six hospital staff members enjoyed a sleigh ride at Mira Community Pasture, followed by a delicious hot lunch.

They also enjoy an annual Christmas party with supper in the cafeteria, gifts from Santa and a lively sing-song in the Assembly Hall.



In 1973, the Ladies Auxiliary donated the first hi-low bed to the hospital. L to R: E. Hanes RN; Annie McIsaac, patient; Y. Fortune CNA; Alice Mochilan of the Ladies Auxiliary.

The first baby of the new year born in the New Waterford Consolidated Hospital is presented with an engraved silver spoon, compliments of the Auxiliary. In addition, one of the members donates hand made sweater sets to the first boy and girl born in the new year.

The Ladies Auxiliary meets in the Board Room at the hospital on the third Monday of each month.

In June they end the year with supper at a restaurant paid for with money accumulated from card games and Mystery Box tickets.

These hard working ladies would welcome new members who want to share in their commitment to the Hospital.

Thank you, ladies! Your efforts are greatly appreciated by both patients and staff.

EDUCATION SPOTLIGHT: April is Cancer Month

The month of April has been designated as Cancer Month by the Canadian Cancer Society. Reminders of this are the familiar yellow daffodil pins seen on lapels and near donations boxes in the stores this time of year. We as Cape Bretoners should be aware of the tragic reality of cancer during not only one, but all twelve months of the year. According to national standards, the incidence of cancers in Cape Breton is much higher than in the general population of Canada. Mounting concerns over the high rates of cancer in industrial Cape Breton prompted the Department of Health to take action.

Surveys were organized in an attempt to identify existing risk factors, specific to our area, which would enhance one's likelihood of contracting cancer. The studies were undertaken using a random sampling of the population. The sample included a cross section of people of all ages and from all walks of life. Risk factors identified included elements of the environment and workplace as well as personal lifestyles.

The environmental factors include

substances to which all in the community are exposed, for example air, soil and water pollutants from the steel plant and coke ovens. Personal lifestyle, or behavioural factors, deal with individuals and how they live, such as their smoking and dietary habits. Occupational factors focus mainly on exposure in the workplace to various chemicals which may be carcinogenic. The possibility of developing some form of cancer increases proportionally to the number of risk factors.

Findings of the studies done suggest that the incidence of cancers of the respiratory tract are significantly more prevalent in Industrial Cape Breton communities than in other parts of the nation. Incidences were highest among workers who were constantly exposed to occupational pollutants like those from the coke ovens or coal dust in the mines.

The percentage of smokers in Cape Breton (43% of males and females) was found to exceed the national average (32% of males and females). This is a major concern since 90% of deaths due

to lung cancer and 30% of deaths from all other cancers are directly attributable to smoking. Four other sites in the body known to be prone to cancer development due to cigarette smoking are the larynx, pancreas, bladder and cervix. The risk posed by smoking, coupled with any other factor, environmental or occupational, will place the individual in a very high risk category.

Dietary insufficiencies were found to be precursors to cancers of primarily the digestive tract. However, there is increasing evidence which indicates that dietary insufficiencies may contribute to other forms of cancer, for example breast cancer. The surveys showed that the diets of the sample group contained higher than the recommended intake of salt, saturated fats and cholesterol. Conversely, the intake of dietary fiber was somewhat lower than the recommended levels.

In light of the results of these surveys and studies we, as Cape Bretoners, are shown to have a higher incidence of cancer than the national average. Raising public awareness of risk factors is only the first step to reducing the incidence of cancer. Adapting a healthier lifestyle is essential. Unfortunately, individual efforts alone cannot improve environmental conditions, but recently the Government has been involved in a program to reduce the amount of potentially harmful substances in our local environment due to industry. The modernization of the steel plant, the dismantling of the coke ovens and the removing of carcinogenic substances from the tar ponds will reduce some of the environmental factors which may be affecting the occurrence of cancer in the area.

Armed with the knowledge of which factors can increase the chance of developing cancer, individuals along with government officials can mobilize an attack against it. ■

CPR TRAINING UPDATE



The staff of the N.W.C.H. is being re-certified in basic Cardio-Pulmonary Resuscitation (CPR). Staff instructors ensure that all staff members receive instruction in this lifesaving technique. L to R: Phil Quinn; Evelyn Russell; Margo Simms; Wanda McDonnell. Missing, Millie Chiasson.

It is not the mountains ahead that will wear you out, but rather the grain of sand in your shoe.

New Waterford Consolidated Hospital Fundraising Campaign Underway

The N.W.C.H. has long considered conducting a campaign to raise money for new equipment and services. Since the hospital is owned by the town of New Waterford and the County of Cape Breton, the provincial government covers only 80% of approved capital projects. The remaining 20% must be raised. And unlike provincially owned hospitals, the N.W.C.H. must purchase its own equipment. Once it is purchased, the hospital receives depreciation grants from the government and is reimbursed over a number of years. However, the hospital must have the money to spend in the first place. That's where the fundraising campaign comes in.

Recently the Hospital's Charitable Foundation announced that a study had been completed by Curtis Communications and the recommendations unanimously accepted. Two co-chairmen for the campaign were then selected.

Basil MacGillivray is a past director of the New Waterford Community Centre, Zone Chairman for the United Appeal and past president of the New Waterford Rotary Club. He is presently Chairman of the Handicapped Children's Program and a member of New Waterford Rotary. Bernard MacDonald is a member of the Board of Directors, New Waterford Community Development Association, a former Kinsman and former member of the Mount Carmel Parish Church. For the past two years he was chairman for the United Way canvas in New Waterford.

The co-chairmen have strong backgrounds in community service, fundraising and public awareness techniques plus the necessary drive to get the job done. The hospital is fortunate to have two such capable people heading the campaign.

The hospital has applied for several new programs designed to improve health care service to the community. To achieve this objective, a greater awareness of the need for these services and of the hospital itself must be fostered. A campaign committee will be formed shortly with this in mind. ■



Reviewing the recommendations of the fundraising study are, L to R: Mary O'Quinn, Board Member, Edward Curtis, Curtis Communications, Mary MacDonald, President, and Ann Marie Fraser, Board Member.



L to R: Bernard MacDonald, co-chairman of the fundraising campaign, Mary MacDonald, President of the N.W.C.H. Charitable Foundation, and Basil MacGillivray, co-chairman of the fundraising campaign.

Editor's Note: As this issue goes to press, the committees are in place. Co-Chairmen of the Fundraising Campaign are Basil MacGillivray and Bernard MacDonald, and Honorary co-chairmen are Dr. D.S. Nathanson and Dr. Joseph Roach. Dr. Mary Lynk will serve as Director of the Major Gifts Program, and committee members are Wilfred (Yogi) Muise, Ray MacDougall and Simon White. The General Gifts program is headed by Mary Sutherland, with Charles McCarthy, Daryl MacDonald and Jody Sutherland as committee members. Director of the Special Gifts Program is Greg Boone Sr., and working with him on the committee will be Joseph Bruce, Alex MacIsaac and Anna Campbell. Support Services for the campaign will be under the direction of Sr. Elizabeth Riopelle, while Sr. Teresa Bellefontaine acts as Director of Public Relations.

Reflections on 25 Years of Health Care

Twenty-five years. One quarter century. A short segment to some, a lifetime to others. Twenty-five years ago on April 18, 1963, the first patients were admitted to the New Waterford Consolidated and an era in health care dawned. Gone were the days of twelve-bed wards, dark, drafty corridors, and an antiquated system of emergency care. The new facilities included bright, cheerful rooms with a maximum of four patients per ward, two fully-equipped operating theatres and comprehensive obstetric and outpatient facilities. Also, for the first time the hospital was to receive funds from the government, taking the burden of management costs away from the coal miners, who had built the old General Hospital.

New Waterford received its first Hospital in 1913, when a double company house was converted for hospital purposes. The experiences during the Great War of 1914 of dealing with a major mine explosion, smallpox and two influenza epidemics, confirmed the need for a larger hospital. Main support of the new institution was to be a weekly subscription by miners and other workers. The new building, the New Waterford General Hospital, was completed in 1924. Completion of the 45 bed hospital was a colorful event for the community, complete with a parade of all 1400 town school children.

A training school for nurses was opened and graduated the first class of two in 1927. The nurses training school continued for over 30 years and graduated many leading members of the profession. But almost from the start the General Hospital was overcrowded and by the late '50s occupancy was stretched as high as 80 patients. In 1959, the following hospital commissioners began a crusade which resulted in the building of the New Waterford Consolidated Hospital on Maple Hill in 1963: Mayor J.P. MacNeil, Chairman; Dr. D.S. Nathanson, Secretary; L.S. Gillis, Treasurer; Bishop Landry; Rev. Fr. McIsaac; Sisters of St. Martha; Captain R. Donovan; Rev. F.M. McPherson; Augustus Brown; John Ryan; Walter Fortune; D.V. MacDonald; Michael MacDonald; Peter W. Murphy; Neil A. MacKinnon; Wilfred Maillet; Joseph Chiasson; Arthur Dewan; James Kavanaugh; Ted Boullier.

There is a plaque commemorating the contributions of these people at the front of the hospital, as well as a codicil which reads "Noteworthy assistance having been rendered by Dorothy Graham, R.N."

A hospital becomes of necessity the focal point of any community. A generation of children has been born in the new structure. Many of our elderly have received the last rites of their faith and drawn their last peaceful breaths within its walls. No other building in the community harbours so many memories of joy, sorrow, triumph and tragedy as the hospital. The "new hospital" became a small industry in the com-

McIsaac RN, Betty Kearney RN, Laura MacKinnon RN, Isabel Darling RN, Sr. Alexius McLellan RN, Marge Rose RN, Marge Watts RN, Audrey Mercer CNA, Helen Rockett, Margie Vardy CNA and Priscilla Kennedy RT.

According to the hospital's number index, there were 29 patients transferred from the old hospital to the new on April 18, 1963. The first patient listed in the hospital records was a Mrs. Annie Walsh. The first baby was a girl, Rita, born to Mrs. Anna Miller on April 20, 1963.

All of these facts appear as statistics, but the true success story behind the past 25 years of community service by



The late James MacNeil, former New Waterford Police Chief, and Vince MacGillivray of V.J. MacGillivray Ambulance Service transport one of the first patients admitted to N.W.C.H. as nursing staff looks on. This year, the hospital celebrates its 25th Anniversary and V.J. MacGillivray Ambulance services celebrates 50 years of service to the community.

munity, employing hundreds of people in all areas of health care.

The following is a list of people who were employed at the General Hospital in 1963, transferred to the Consolidated Hospital are still on staff today: Irene MacMillan RN, Ann Gardiner, Kay McInnis, Jim Tonary and Yvonne Fortune, CNA have 25 years of unbroken service. There would undoubtedly be more women with continuous service if not for the fact that this was before the days of maternity benefits and a woman had to resign her job with each pregnancy. Also on the list are: Ann McGibbon RN, Eileen Moore RN, Carmella MacDonald CNA, Joan Burke, Ann

the New Waterford Consolidated Hospital is the people and their memories. It is the men who keep the fires burning deep in the basement. It is the people who prepare the food to help speed the healing process. It is the people who wash the clothes and clean the floors to provide a germ-free environment. It is the clerical staff, which keeps the records in order. It is the nurses, technicians and doctors who deal with the physical, emotional and spiritual well-being of the people of our community. The hospital itself provides the setting. The people provide the love. Here's to the next twenty-five years... ■

PROFILE: Dr. Nathanson - 32 Years of Medical Practice in New Waterford

Dr. D.S. Nathanson was born in Sydney, Nova Scotia, but his early years were spent in Inverness. His family moved to Glace Bay when he was ten years old. After graduating from Glace Bay High School, he spent one year in the army and then entered pre-med at Mount Allison University. He graduated from Dalhousie Medical School in 1953. Dr. Nathanson did post-graduate work in surgery at Victoria General Hospital and Camphill hospital, and was certified in General Surgery in 1962. He became a Fellow of The Royal College of surgeons in 1972.

Dr. Nathanson first came to practice medicine in New Waterford in 1956, to fill in for Dr. Roach who was leaving to further his studies. At the end of the first year, Dr. Nathanson was asked to stay. His medical practice in the 1950s consisted of seeing 30 to 50 patients a day in his office, along with making 10 to 20 house calls. In those days, doctors were paid by miners using a check-off system. For one dollar a week, the doctor looked after a man and his family. This included general medicine, obstetrics, surgery and drugs. In 1961 the check-off system was replaced by medical insurance companies and later by M.S.I.

In the early days, mine accidents were serious and frequently resulted in deaths.

In Dr. Nathanson's early days of practice in New Waterford, mine accidents were serious and deaths were frequent. The General Hospital was not equipped to deal with these accidents. Lack of funds was a problem for the hospital. Service clubs helped to purchase many supplies.



Dr. D.S. Nathanson has practiced medicine in New Waterford since 1956. In photo above, he shares some of his memories with Rounds staff member Alana MacDonald.

In 1958, plans were made to build a new hospital. A group of people met a number of times to attempt to organize a permanent committee to carry the idea of a new hospital forward. Finally, after many trials and tribulations, the New Waterford Consolidated Hospital was built on Maple Hill and officially opened in April of 1963. The new hospital was administered by the Sisters of St. Martha and owned by the Town of New Waterford and the County of Cape Breton.

Dr. Nathanson's political career began in 1965 when he was urged by a group of residents to run for mayor. Conditions in the town were not good. Among other things, four fifths of the housing was substandard, not all the streets were paved, there were no zoning laws, schools were fire hazards and there were three different high schools. Although he was busy with his practice

and family, Dr. Nathanson agreed to run for office, and no one was more surprised than he when he won. His many accomplishments and contributions to the Town of New Waterford during his ten years as mayor are well known.

Dr. Nathanson became ill in 1976 and dropped out of political life. During his illness, he spent some time in New Waterford Consolidated Hospital as a patient. He speaks only in superlatives in describing the treatment he received. Even today, when annoyed, he says his irritation is tempered by a good feeling for the way he was treated while ill.

Dr. Nathanson is now Acting Chief of Staff of New Waterford Consolidated Hospital. He remains active in hospital affairs, serving on various committees. Dr. Nathanson is looked upon by many as proof of what can be accomplished by dedication and determination. ■

Helpful Hint From Physiotherapy:

Apply ice, not heat, to an acute (recent) injury. Immerse hand or foot in cold water, or apply a cold pack (cold, damp towel and a bag of frozen peas) directly to injured area. If a burning feeling occurs, add another layer of towel. Treatment should feel cold, but not uncomfortable. If discomfort persists, discontinue.

HATS OFF

Wanda MacDonnell Recognized by Heart Foundation

Three cheers for Wanda MacDonnell, who has been recognized by the Nova Scotia Heart Foundation. Wanda is presently involved with C.P.R. instruction in our community. Unhappy with the provincial exam for the Basic Life Support course, Wanda submitted her own exam, which was accepted by the Heart Foundation and is now being used in their program throughout Nova Scotia. Well done, Wanda!

Lynn Berger Awarded Scholarship

Lynn Berger was recently awarded a \$500.00 scholarship by the Nova Scotia Nurses Union. Lynn is a staff nurse in our Outpatient Department and has been an active and supportive member of the N.S.N.U. for many years. Lynn is studying for her Bachelor of Nursing degree from Dalhousie University. Congratulations and best of luck with your studies, Lynn.

WHAT ELSE?

Congratulations and welcome to our latest staff members: Lorraine McGillivray (OPD), Leona Nugent (Day Surgery), Alana MacDonald, Shannon Heffernan, Peggy Sheppard and Catherine MacLean (all of Newborn), Norma Hunt (OBS), Sandra Rizzetto (OBS), Beth Latham (Surgical) and Bernadette MacNeil (OPD).

Further congratulations to staff members starting in new positions: Marge Watts (Full time, Surgical), Mary Beaton and Ann Woodland (O.R.), Sr. Joan Walker (new head of Laundry Department), Betty MacPherson (Laundry), Ron McCormick (Lab) and Susan Manship (Dietitian).

We wish you all happiness in your new careers.

Dr. Chris Gardener will complete his locum at our hospital April 15 and will leave for Vancouver April 16. Dr.



Austin Roberts admires the plaque presented to him by N.W.C.H. staff. L to R: Jane MacDonnell, RN; Joan Burke, Physiotherapist; Margaret Ann Desveaux, CNA; Austin Roberts.

Provincial Dart Shoot: Anne Gardiner to Compete

Congratulations to Anne Gardiner, Head of Admitting, for her recent accomplishment at darts. Anne placed 13th out of 40 competitors in the Regional Dart Shoot, earning her a place in the Provincial Darts Tournament.

Gardener is filling in for our Chief of Staff, Dr. Joe Roach, who is vacationing in the Southern U.S. It's always a pleasure to work with Dr. Gardener!

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The Outpatient Department staff, who are members of the Emergency Nurses Association of Nova Scotia recently held an inservice on multiple trauma with George Dunne as guest speaker. George is the Coordinator of Emergency Services of Nova Scotia and he presented an informative lecture and demonstration to 27 staff members who included weekend, evening and night supervisors.

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Valerie Campbell RT of the lab staff and her husband Barry will be leaving for a two-week vacation in Venezuela on April 16.

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Jackie Head RT, department head in our lab, will be leaving for London, Ontario on April 28 for a seminar on the new blood gas machine.

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Roberts Donation Appreciated

We would like to express sincere thanks to the family of Mrs. Austin (Mary) Roberts for bequeathing funds to furnish the staff lounge and to purchase a whirlpool for the Physiotherapy Department.

Congratulations to Debbie (MacDougall) Doyle CNA, who married John Doyle on February 27 at St. Agnes Church, New Waterford. After honeymooning in San Francisco and Las Vegas, Debbie has returned to her staff position on Medical Floor.

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Two babies were recently born to members of the Housekeeping Department. Verna Gillis and her husband Stanley welcomed a baby girl (a sister for Adam!) on March 21. Also, Darren Meery of the Maintenance Department and his wife Lynn welcomed a baby girl (a sister for Michelle!) on January 29.

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While on the subject of babies, Nancy Woodland RN of the relief nursing staff had a baby boy on February 27. Nancy and her husband Plemen now have two sons. Also, Gail Martin R.N. of the relief nursing staff, welcomed her third boy on March 30. Gail and husband Ronnie are very excited!

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Cont'd on Page 8

BULLETIN BOARD

April 16

Staff Dance to be held at Mount Carmel Auditorium. Dancing 9 - 1. \$5.00 per couple. Music by Wes Burke, D.J.

April 18

A tea will be held in the afternoon at the hospital for staff. Presentations will be made to employees who have been involved with the hospital over the past 25 year period. Ladies Auxiliary and some staff will be asked to contribute to the lunch. Special guests will include Board members and medical staff. Before the tea, there will be a re-enactment of the first hospital admission. As much as possible, original staff and patients will participate.

May 12

Hospital Day. Plans are underway for a Community Health Fair at the hospital which will enable community health organizations to set up booths and display their wares to the public. Services such as blood pressure, sugar and cholesterol level testing will be available. As part of the Anniversary, a Fun Night with staff will take place around 7 p.m.

July 4

Flag Raising Ceremonies at hospital in the afternoon. An ecumenical service will take place at 7 p.m. at Mt. Carmel Church.

July 5

A family day with barbecue or picnic will take place at Colliery Lands Park from 3 p.m. - 9 p.m.

July 6

An open house will be held at the hospital from 2 p.m. - 5 p.m. The Archives will be on display. A formal dinner for dignitaries and invited guests along with staff is planned for the evening.

What Else Cont'd

Barb Tetford RT of X-Ray Department has successfully completed a course in Sectional Anatomy through the C.A.M.R.T.

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Patsy Chiasson, Ward Clerk on Surgical Floor and husband Butch recently became our newest grandparents with the birth of a boy, Brent Louis, to their son Darryl and his wife Leona on March 8.

* * *

Jane MacDonald RN of the OPD will be leaving April 15 with her mother and friends for a week vacation in Florida.

Lynn Bernier RN and husband Bobby will be leaving May 1 for a world vacation in Florida.

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Cathy Sudler RN, member of a group leaving for a Caribbean cruise. The trip includes visits to such exotic places as the Virgin Islands. Luckily, she is going to swim before the trip!

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Fran Muise RN, Nursing Supervisor, Anne MacIsaac RN and J. Dwyer, Ward Clerk are planning a trip to Florida from May 4 to May 13. Fran will visit her brother who lives in Naples, Florida.

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Congratulations to the newly-elected executive of the New Waterford Local, Nova Scotia Nurses Union: Debbie Murray, President; Agnes MacLellan, Vice President; Joanne MacDonald, Secretary; Margo Simms, Treasurer.

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Jeanne Gillis RN, husband Johnny and daughter Alisha will leave May 8 for a Florida Disneyworld vacation.

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For our next **What Else** we would like to set up a separate birthday column. If you would like your birthday published, either before or after the event, please contact any of the newsletter staff. Meanwhile, birthday wishes go out to Marie Wilcox of switchboard who is celebrating her birthday on April 15, the day of our first issue!

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Margo Simms RN will leave for St. John's, Newfoundland, to attend the Eastern Labour School from May 7 - 12, as the representative of the New Waterford Local, N.S.N.U.

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Marge Wilson and Joan Meers will leave for a Canadian Labour Congress convention in Vancouver, B.C. from May 8 - 13.

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Congratulations to Paula Ewing, daughter of Jeanette Ewing of the domestic staff, who was selected as the Princess to represent the hospital for our 25th Anniversary. Paula is a 16 year old Grade 10 student at B.E.C. and she will represent the hospital in the town's 75th Anniversary celebrations in July.

Rounds Staff Wants YOU!



L to R, seated: Shannon Heffernan, Joanne MacDonald. L to R, standing: Alana MacDonald, Marjorie Wilson, and John Grenier.

The staff of **Rounds** is pleased to present the premiere issue of the Hospital's official newsletter. In addition to letting you know what's going on with the upcoming renovations and 25th Anniversary celebrations, our regular features will keep you up to date on social events, seminars, staff birthdays and achievements, births, vacations and much more.

However, in order to maintain a high standard of quality, liaison members from each department of the hospital are urgently needed. If you would like to help, please contact any member of the **Rounds** staff. Your newsletter needs you. ■